



Covid Policies and Procedures at Big Star Studios and Little Stars Preschool

During COVID-19, keep your child home if they have any of these symptoms:

Fever (a temperature of 100.4°F or higher), cough, shortness of breath or difficulty breathing chills, muscle pain, headache, runny or stuffy nose, sore throat, diarrhea, vomiting, new loss of taste or smell or other signs of new illness unrelated to a preexisting condition (such as seasonal allergies)

Test your child for COVID-19 if your child has **any** of the above symptoms, **even if symptoms are mild**, they need to be tested for COVID-19 before they can return.

Procedures if your child is NOT a close contact of someone who has COVID-19, they may return to the program after having COVID-19 symptoms if they:

Test negative for COVID-19 and it has been:

- at least 24 hours since fever has resolved (without use of fever-reducing medication)
- AND symptoms have significantly improved

Do not get tested for COVID-19 and it has been:

- 10 days since symptoms began
- AND at least 24 hours since fever has resolved (without use of fever-reducing medication) • AND symptoms have significantly improved

Test positive for COVID-19 and it has been:

- 5 days since symptoms began or you receive a positive test
- **AND** at least 24 hours since fever has resolved (without use of fever-reducing medication) **AND** your symptoms have significantly improved they may return.

Procedures if you ARE a close contact of someone who tested positive for Covid:

Close contact means being within 6 feet (2 meters) of a person who has COVID-19 for a combined total of 15 minutes or more within a 24-hour period even if masks were worn. Close contact also happens if someone with COVID-19 coughs on you, kisses you, shares utensils with you, or you have contact with their body fluids.

Determine the dates of exposure to the person who tested positive for COVID-19. **An infected person could have spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive.**

Close contacts should get tested, regardless of vaccination status.

If not fully vaccinated, test immediately and again 5 to 7 days after the close contact occurred.

If fully vaccinated, wait 5 to 7 days after their last close contact to get tested. If symptoms develop, seek testing as soon as possible.

Quarantine: Any person who is a close contact and is NOT fully vaccinated needs to quarantine. The purpose of quarantine is to help prevent the spread of illness to others in the community if a close contact becomes ill with the virus.

The options are:

- Quarantine for 14 days after their last contact.
- Quarantine for 10 days after their last close contact, if no symptoms develop.
- Quarantine for 7 full days beginning after their last close contact, if no symptoms have developed, **and** after receiving a negative result. Get tested no sooner than 48 hours (2 days) before ending quarantine.

Things to consider:

- All close contacts should watch for symptoms for 14 days after last close contact.
- People who are fully vaccinated or have recovered from COVID-19 in the past 90 days AND do not have COVID-19 symptoms do NOT need to quarantine. They should get tested 5 to 7 days after their last close contact and watch for symptoms for 14 days.
- Close contacts may return to the program the day **after** their quarantine ends if they haven't developed symptoms.